Herrinfesta Road Races

**Monday May 27th, 2019**

10k **START TIME 7:30 AM** Banterra Bank $25 pre-registered/ $30 race day

5k noncompetitive walk **START TIME 7:45 AM** City Hall $25 pre-registered/ $30 race day

Park Avenue Mile **START TIME 9:20 AM** South Side Lumber $15 pre-registered/ $20 race day

**Park Avenue Mile** and **5k** or **10k** $30 pre-registered/ $40 race day

Youth **one** mile fun run (12 and under) $5 pre-registered $8 race day **START TIME 9:23 AM** South Side Lumber

**Awards** will be held at **10am** in the air conditioned auditorium at the Herrin Civic Center. Same location as packet pickup.

Join the RRR Club now and receive club discount. Including race day sign ups.

River to River Runners Club members receive $5 off!!

REGISTRATION AND PACKET PICKUP Sunday May 26 4-6pm and

Monday May 27th from 6:15 -7:15 am at the Herrin Civic Center

Online registration [www.rivertoriver.net](http://www.rivertoriver.net)

All runners pre-registered by May 13th will be guaranteed a custom t-shirt.

Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

E-mail(for pre and post-race updates)

Age on race day :\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Gender:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ City/State\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Race: 10K\_\_\_\_\_\_\_\_\_\_5k walk\_\_\_\_\_\_\_\_\_\_\_\_\_Mile\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Fun Run\_\_\_\_\_\_\_\_\_\_\_\_\_

**10K & Mile\* 5K & Mile\* \*Must be able to make 9:20am mile start time!!**

Shirt Size(May 14th is cutoff for guaranteed shirts) S M L XL XXL YOUTH SIZE: S M L

Waiver and Release

I, have signed this entry form intending to be legally bound, hereby for myself, my heirs, executors, and administrators and release any and all rights and claims for damages I might have against the River to River Runner’s Club and the Race Committee, and officials and other sponsors of this event and their representatives for any and all injuries suffered by me in the event. I attest that I am physically fit and have sufficiently trained for the event and licensed medical doctor has verified my physical condition. Furthermore, I hereby grant full permission to any and all of the foregoing to use my photograph or any legitimate purpose. This entry is invalid unless signed by the entrant. If entrant is under 18 years of age then entry must be signed by parent/guardian. The official race director reserves the right to reject any entry. Race may be canceled or postponed for any unsafe conditions and no refund will be provided.

Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Date:\_\_\_\_\_\_\_\_\_\_\_\_

Parent/Guardian if Under 18 yrs. old. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Make checks payable to River to River Runners and mail to Josh Ticer, 120 n 37th street Herrin, IL 62948. If you have questions 618-559-0721 or ticerjosh@yahoo.com

\*\*\*\*$500 Award for breaking the Course Records 10k Male 30:15 and Female 34:06

1 Mile Male 4:03 and Female 4:49